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ANZAC Day Service



ANZAC Day - a significant time for all of Australia and New Zealand. It's a time to celebrate and remember every man and woman who serve and have served our great country. It is a time where every man and woman, girl and boy remembers the sacrifices made for our



What's On

May

Tuesday 17

Digital Technologies
Competition

Monday 23

Year 9 High Resolves
Big Science Competition

Thursday 26

Redlands Courses and
Careers Expo -
Cleveland Showgrounds

Friday 27

Year 12 Geography
Excursion
Variety Showcase –
Community Hall 6:00pm

Saturday 28

Chaplaincy Trivia Night –
Community Hall 6:30pm

Tuesday 31

ICAS Science
Competition

June

Wednesday 1

Music Extension Concert
– Performance Space
6:30pm

freedom. Each year on April 25 we stand united in services held around the country and the world to honour the brave men and women who fought at Gallipoli, the first defining battle for Australia and New Zealand, and every battle and war that the bravest of us have fought side by side in.

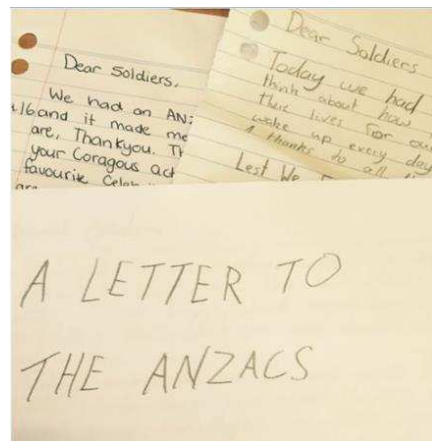
To be able to be a part of these services/celebrations is astounding at such a young age, to march in the Cleveland ANZAC Day Service behind those who have served and those in training to serve is truly magnificent and it is an honour to be able to respect those brave individuals in that way. Many schools and sports clubs were marching also and it was this fact that was so thrilling, to see so many of the younger generation marching, remembering and celebrating an age old tradition.

The service that took place after the march was captivating, it was solemn but emotion driven, especially when the special guests and students laid their wreaths and it showed how much people have been affected throughout the years by the bravery of the young men and women fighting for our freedom throughout time. ANZAC Day has been a time old tradition and will be a tradition for many years to come.

Rebekah Reed
Executive Officer
Student Council

Dear Soldiers

After participating in a moving ANZAC day ceremony some of our Year 8 & 9 English students were given the opportunity to write to our troops currently deployed overseas. Students took the time to reflect on what it means to them to be Australian, pay tribute and give thanks for the sacrifices these men and women make. The messages were overwhelmingly heartfelt to say the least and a clear indication that the legend of the ANZACs has certainly not been forgotten.



The letters were delivered to Cleveland RSL last Sunday and were received with much gratitude. They were to be included in care packages being sent to the troops last week and will hopefully be a reminder of the love and support these people have waiting for them back home.

With any luck we might even receive a reply!

Music Camp 2016



One of the highlights of the year for our music program is the annual Music Camp. This was held at Currimundi Camp Complex from April 14 to 16. We had over 120 participants and all ensembles performed at the Camp concert held on the Sunday.

Each year the students workshop the new music within the ensembles and this is a wonderful opportunity for our seniors to mentor the junior students within the program. We had activities on the beach, team building exercises in the evening and the famous Dodgeball games were also a major highlight of the weekend (the teachers won for 2016.....we may have borrowed some Year 11 students to help beat the year 12s!).

Congratulations to all students and staff on an amazing experience and a great start to the musical year.

Uniform Policy

This is a timely reminder about our schools Uniform Policy. With the cooler months quickly approaching, it is important that students are equipped with the correct uniform (CDSHS jumpers etc) ready in time for the cold days which will inevitably be upon us. Please see below for the cool weather options. For the full uniform policy, please go to the following link:

<https://clevdistshs.eq.edu.au/Supportandresources/Formsanddocuments/Documents/Parent%20Information/school-dress-code.pdf>

Cool weather options (all year levels):

- Maroon V neck pullover.
- Maroon knitted jumper with Cleveland emblem in panel on front.
- Plain black dress trousers (no cuffs or flairs) worn with a plain black belt.
- Full Cleveland High School tracksuit with emblem on front panel may be worn as part of the Sports uniform only on days of sport or HPE.
- Cleveland High School tracksuit jacket with emblem on front panel worn with black dress pants.

It is also important to note that students should not be mixing and matching the sports uniform with the day uniform ie. dress polo shirt with sports shorts, sports shirt with grey shorts (boys) or culottes (girls).

We greatly appreciate your support and assistance in ensuring that students are dressed in the correct uniform at all times.

Student Council News



Term Two has been very busy for the Student Council. We marched in the ANZAC Parade in Cleveland and organised a Gold Coin Day and Sausage Sizzle for the Jane McGrath Foundation and the Cleveland High community. A big thank you goes to everyone who participated in the Gold Coin Day or purchased a sausage sizzle or soft drink. I would like to acknowledge the hard work of the Junior and Senior Leaders and representatives who worked together to run another successful sausage sizzle. We raised \$1350.

I would also like to thank Salads made Fresh who donated the onions for the sizzle. Thank you also to the Office Administration Team who decorated the office in pink, made pink cupcakes and who always support every Student Council Fundraiser. Also, a big thank you to Elise Kennedy for coming in and assisting on the BBQ.

Upcoming Events

23 May – Gold Coin Day – Supporting Vanuatu Sister School and RedKite

8 June – Junior Student Council Meeting

9 June – Senior Student Council Meeting

Joni Edwards

Student Council Co-ordinator

A student's perspective of Gold Coin Day:

Friday May 6 was Gold Coin Day and it was a chance for Cleveland High to fundraise for some very worthy causes - the Jane McGrath Foundation and the family of a student at school who is currently fighting cancer.

The school turned to a sea of pink, as many students and teachers showed their support for breast cancer sufferers and research by wearing pink attire.

At lunch time we held a barbeque to raise further funds. We were busy all throughout lunch, with what seemed like the whole school either buying a sausage or just giving a donation. It was a heart-warming reminder of how generous the Cleveland High community is. We were all so pleased that we had managed to raise \$1350 and overjoyed that this money was going to people who really deserve it. The money raised will be divided between the Jane McGrath Foundation and the family of the student battling cancer to ease their burden in some way.

My fellow student council members and I are all so pleased (and proud!) that we had the chance to give back and hope that the money we raised will help the Jane McGrath foundation and our fellow student in their fight to conquer cancer.

Olivia Wells
Public Relations Officer
Student Council



Courses and Careers Expo

COURSES & CAREERS EXPO 2016

<p style="text-align: center; margin: 0;">SEMINARS</p> <p>9.30am Tafe SkillsTech</p> <p>10.10am QUT</p> <p>10.50am TAFE Brisbane</p> <p>11.30am The University of Queensland (UQ)</p> <p>12.10pm Rubbedin P/L (How to get that job)</p> <p>12.50pm Griffith University</p> <p>1.45pm Defence Force Recruiting</p>	<p>Date Thursday 26th May Time 9am-4.30pm Location Cleveland Showgrounds, Long St, Cleveland</p> <p style="text-align: right; margin-top: 20px;">Proudly Sponsored by:</p> <div style="text-align: right;">    </div>
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Are you interested in starting, changing or upgrading your career? Or seeking to explore tertiary studies, training and career options? Then you need to make your way to the 2016 Redlands Courses & Careers Expo. The Expo is the ideal event for all senior school students, parents, mature age and prospective post-graduate students as well as career seekers. Come and speak with over 40 of the State's leading tertiary, VET and training educators, all under one roof. You will get valuable information on course entry pre-requisites, flexible learning options, course payment plans and career progression pathways.

The event is free of charge to all visitors.

Cleveland Showgrounds, Long Street, is the venue for the 2016 Redlands Courses & Careers Expo on Thursday 26 May from 9:00am – 4:30pm. This year the Expo is supported by Cleveland District SHS, Redland City Council, Redland Chamber of Commerce, TAFE Qld and the Australian Industry Trade College. There will be over 45 exhibitors representing all of the major Universities and TAFE institutes as well as representatives from apprenticeship networks, private education colleges and industry groups as well as Defence Force Recruiting. There will be representatives from a range of industries such as construction, manufacturing, sport and fitness, beauty, childcare, music, digital media, hospitality and many more ready to advise students, parents and visitors of future career options.

Exhibitors will hold seminar sessions for visitors. These sessions will run every 40 minutes commencing at 9:30am through until 4:00pm.

This year we will also have very practical, hands-on trade demonstrations for students to experience what it's like to work in the construction trades. Come and try your hand at electrical, construction, plumbing, engineering and automotive with TAFE SkillsTech and Worldskills.

Makita Power Tools will be here with their van so come and try out some of their tools.

There will be health professionals available with demonstrations and activities in CPR and a visiting ambulance.

Students in Years 9 – 12 will have the opportunity to attend the Expo with their teachers through the day. Throughout the day, parents and the general public are also able to attend. The Courses and Careers Expo has become an important event in the school calendar and is a good source of information for students preparing for subject selection or deciding on their pathway for future study and employment.

Chinese Excursion to Chung-Tian Temple





On April 15, 38 students participated in a Chinese excursion to the Chung-Tian Temple to experience a taste of Chinese culture through various activities. The students enjoyed a sense of calm through tea ceremony and calligraphy and they went through a spiritual journey via meditation, a visit to the pagoda and listening to the history of Buddha. Each student had the chance to ring the wishing bell.

The students enjoyed an immersion of Chinese food at a restaurant in Sunnybank where they learnt how to use chopsticks and had a taste of fried rice, salt and pepper pork chops, stir-fried tofu, prawn crackers and many other dishes.

Through the excursion, students learnt to appreciate Chinese culture, understand and foster awareness of cultural and language diversity as a global citizen.



Payments Now Due

Bayside Sports Academy

If your student was accepted into this program, there was an additional cost of \$50 associated with this participation. This includes contribution towards coaching by RUFC as outlined in your invitation package. This payment was due term 1. If you haven't already made payment, please make arrangements to do so.

Subject Selection

If your student selected Film and Media, Visual Arts and or Visual Art Studies, there are additional costs associated with these subjects. If you have overlooked these additional fees, please make arrangements to settle these outstanding invoices as soon as possible.

Film and Media per year (Years 11 and 12) - \$100

Visual Arts per year (Years 11 and 12) - \$70

Visual Art Studies (Years 11 and 12) - \$70

Instrumental Music

If your student was accepted into the Instrumental Program, the cost is as follows:

1 child - \$90

2 children - \$140

3 or more children - \$180

Choir fees are included in this program. If you have not settled this account please make arrangements to do so.

Choir

This payment is now due. \$45 per student if your student is not enrolled in the Instrumental Music Program.

Just a reminder that our payment window hours are as follows:

Monday – CLOSED

Tuesday – 8:00am – 10:45am & 12:45pm – 3:15pm

Wednesday - 8:00am – 10:45am & 12:45pm – 3:15pm

Thursday - 8:00am – 10:45am & 12:45pm – 3:15pm

Friday - 8:00am – 10:45am & 12:45pm – 3:15pm

We accept payments via direct deposit into our account:

BSB: 064 138

ACCOUNT: 00090051

Payments can also be made via B'PAY, Centrepay (by arrangement), Credit/Debit Card over the phone and now BPOINT (Q Parents).

It is also important for you to send an email to:

accounts@clevdistshs.eq.edu.au outlining your payment details including student's name, year level and homegroup and what the payment is specifically for, so it can be applied correctly.

Vanuatu Team News





The truck is packed! We are excited to announce that over 200 boxes of donated books, library shelving, gift boxes and kindy toys are now on their way to Fanafo Village on Santo, Vanuatu. We would like to thank everyone who gave items or money to our project, as well as the many volunteers who helped sort, pack and load our shipment. We look forward to travelling to the village in the winter holidays and making a life-changing difference for the children there and we really appreciate you supporting the team.

We still have the Trivia Night, a raffle and the Walk For Hope ahead of us to raise the balance of the funds needed for our project so are grateful for your ongoing support.

The 2016 Cleveland High Vanuatu Team

Bring Your Own Device (BYOD)

As mentioned in the April newsletter article, Cleveland High will be totally BYOD next year. Please ensure that you have visited the school website for the full facts relating to this program. To make purchasing as easy as possible, the school has negotiated with several computer vendors to offer students/parents Accidental Damage Protection (ADP) with onsite warranty deals with devices which meet the school specifications.

Please refer to the school website for the list of vendors.

<https://clevdistshs.eq.edu.au/Cocurricular/Computerandinternet/Pages/BYOD---Bring-Your-Own-Device.aspx>

QParents is Here

Our school now has QParents. Parents should have received an invitation email or letter by now and it's great to see that so many parents have registered already.

If you have not received an invitation, please advise us immediately. Over time, QParents will become an integral part of how we communicate with parents. Get on board now to enjoy the ease and convenience that QParents offers.

Uniform Shop News

We have good stock levels of all our items including Academy shorts and socks, grey shorts, day polos, boys and girls socks, sport shirts and shorts and senior shirts. A large range of second hand uniforms are also available for purchase.

We also have a variety of jumpers available for purchase – knitted jumpers, fleecy jumpers and tracksuit jackets. Trackpants and black pants are winter options that are now available.

Our Uniform Shop hours are:-

Mondays 8.00am -10.30am
 Tuesdays 8.00am - 10.30am
 Thursdays 8.00am - 10.30am
 Fridays 1.30pm - 4.00pm

We accept cash or EFTPOS and our phone number is 3824 9213, if you wish to arrange payment over the phone. Our updated brochure with prices is available on the CDSHS website under Facilities. You can also contact Robyn on 0432 829 947.

Another uniform ordering option is on-line ordering which is available 24/7, through <http://schoolshoponline.net.au/clevedistshs/index.aspx>. The most convenient way to purchase through School Shop Online is with an e-Wallet where you bank money in your own e-Wallet account which can be used to purchase any of our uniforms. If, however, you choose to purchase through PayPal or credit card, there will be some additional transaction fees.

Learn to Dive

Open Water Dive Course

No course cost for eligible QLD school students who live on North Stradbroke Island (the course may also be open for non-island residents).

Dive training and course conducted locally by MANTA Lodge and SCUBA Centre, Point Lookout. The course will run in the next school holidays (June/July).

Great way for students to earn QCE credits – the completed course SIS20213 – Certificate II in Outdoor Recreation (VETiS) has 4 possible QCE credits.

Students will be PADI Open Water Diver certified (recognised worldwide). Course includes HLTAID003 – Provide First Aid certificate (workplace compliant)

For eligibility form contact: Carolyn Starkey 0409 618 353
 For more info visit www.agi.edu.au or phone 3349 1444 (Australian Institute of Sport and recreation. Australian Global Institute)


Parenting and Enjoying Teenagers

Parenting & Enjoying Teenagers

A relaxed, informative & enjoyable 6-week group program for Parents and Carers of children 10yrs+

Topics covered:

- Adolescent development & challenges of parenting
- Highlighting and building on strengths
- Using effective and assertive communication
- Building your relationship with your teenager
- Setting limits and boundaries
- Improving life balance and developing self-care strategies
- Dealing with anger - yours and your teenagers!
- Hot topics: sex, drugs, alcohol and drug use, driving, social media and more!



BABI

Youth & Family Service

Established 1983


TERM 2 - 2016: Dates for Group Programs

Evening Group

Monday Evenings
6.00pm to 8.30pm
9th May to 13th June
Venue: BABI Office
34 Bay Terrace, Wynnum

Daytime Group

Thursday Mornings
9.30am to 12pm
12th May to 16th June
Venue: BABI Office
34 Bay Terrace, Wynnum




What past participants had to say about the group...

"Definitely helped us as parents to cope with challenging teenagers"

"Helpful to understand my teen and put things into perspective"

"Gave me strategies to temper my response and encourage discussion in a supportive relationship"

"Learnt to see our teen for who they are, not just who we want them to be"



Cost is \$60 or \$90 for a couple (negotiable in some circumstances). Refreshments will be provided.

BOOKINGS ARE ESSENTIAL - PHONE BABI ON 3393 4176

Once booked, payments can be made to BABI Youth & Family Service BSB# 084 129 A/C# 86662 9467 (please include in reference your surname followed by PET (eg. SurnamePET))

How to Talk So Kids Will Listen




HOW TO TALK SO KIDS WILL LISTEN

Learn skills that make life with children easier and more satisfying.

The goal of the How to Talk so Kids will Listen™ workshop is to give parents practical, effective methods of communication that will make their relationship with children of all ages less stressful and more rewarding.

Helping children Deal with their Feelings

Engaging Cooperation



Facilitated by Megan Warren
Primary School Teacher

Megan Warren is mother of two, with over 13 years teaching experience in Australia and the United Kingdom. In this time she has taught children ranging from Prep to Year 7 and has been recognised for her communication skills through leadership in school behaviour management committees. In 2011 Megan participated in a parenting course entitled "How to talk so kids listen & Listen so kids talk", which immediately resonated with her teaching philosophy and quest to be a more effective parent.


Alternatives to Punishment

2 Saturday Sessions

Members: **\$100 + \$30 for workbook**

Non-Members: **\$120 + \$30 for workbook**


Small group numbers only. Confidentiality Assured.



**Saturday 21st May 9am - 1pm and
Saturday 28th May 9am - 12pm**

Upstairs at the Redlands Centre for Women

Bookings close 14th May 2016, minimum number required for course to proceed.



Redlands Centre for Women
EDUCATE • EMPOWER • CONNECT

For more information or to sign up contact our bookings officer on bookings@redlandscentreforwomen.com, phone our office **07 3461 7097** or book online.

www.redlandscentreforwomen.com
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Russell Street Cleveland
PO Box 808
Cleveland Qld 4163
Ph: 07 3824 9222
Fax: 07 3824 9200

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