

Health & Physical Education & Sport Development

Contributed by Honi Roberts

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At Cleveland District State High School the Health and Physical Education Department aims to provide all students with maximum opportunity to succeed in sport by offering students a huge range of sports both intra and inter school, and an array of competitions in which to participate. HPE curriculum supports the Bayside Soccer academy by 8, 9 and 10 soccer development classes integrated into the HPE program and Advanced Soccer Principles course in Years 11 and 12. Recently the department has begun developing a health and fitness laboratory involving the purchase of several computers and software packages, including biomechanical and diet analysis software. The introduction of this student-centred interactive laboratory into the current junior and senior Health and Physical Education programs will undoubtedly improve students' knowledge of the benefits of health and fitness and encourage them to live healthy and active lives in the future.

Cleveland District SHS is affiliated with Bayside District sport. Students have the opportunity to participate in District swimming, cross country and athletics as well as a weekly interschool sporting program - Year 8/9 students on Tuesday afternoons and 10/11/12 students on Wednesday afternoons. Premiership teams from this competition progress through to Metropolitan finals. The school has had success in soccer, baseball, touch, squash, basketball, and tennis in recent years.

Students who choose not to participate in interschool sport have a variety of recreational options. Year 10-12 students are able to access TAFE courses and work experience.

Bayside Soccer Academy

The Bayside Soccer Academy operates as a youth development academy that provides opportunities for adolescents to develop soccer career pathways to international standard.

The aims of the Academy include:

- Raising the standards of players, referees, coaches, managers and sports medicine practitioners to an international level.
- Providing equal opportunities for both boys and girls.
- Improving the quality of soccer training and education provided for our youth.
- Increasing the level of interest, participation and development of our youth both on and off the field.
- Producing young male and female players of the standard required to compete at an elite or professional level either within Australia or overseas.
- Through soccer, develop young people into responsible, healthy and active members of society.

Members of the Bayside Soccer Academy receive feedback and certification from overseas including the England Football Association.

Members are also given the opportunity to pursue a number of soccer career pathways by touring nationally and internationally with the potential to be identified by elite and professional organisations and teams.

Greater Brisbane Schools Sport
(in pursuit of sporting excellence)

The Greater Brisbane Schools (GBS) sport competition is an opportunity for students to be extended further through a

regular Saturday morning competition. GBS team members have access to high quality sporting venues and fully accredited coaches and staff. This competition is against five other schools in the greater Brisbane region.

Summer Sports include: Basketball (boys and girls) and Touch Football (boys and girls).

Winter Sports include: Netball (girls), Volleyball (boys) and Soccer (boys and girls).

Rugby and Badminton are also played in one day events.